



# Knights Athletic Update

“HCA is a Ministry of Grace Baptist Church”

THURSDAY 9/29/16

## UPCOMING GAMES:

- **Thurs. 9/29**  
JV Volleyball  
@ WA  
4:00 pm
- **Thurs. 9/29**  
Golf  
vs. LWCS  
3:30 pm
- **Fri. 9/30**  
EL Volleyball  
@ SHCS  
3:30 pm
- **Fri. 9/30**  
JH Volleyball  
@ SHCS  
4:30 pm
- **Fri. 9/30**  
V Volleyball  
@ SHCS  
5:30 pm
- **Fri. 9/30**  
V Football  
@ Palmer T.  
4:00 pm

## Golf Improves Record to 5-2

Congratulations to Coach Justin Smith and the entire golf team for their most recent victory over the Blazers of Boca Christian. The Knights had the opportunity of playing at one of South Florida’s most beautiful courses: Deer Creek. HCA won the match 190-240, led by senior James Lo. James shot a 38 and is leading the team in stroke average. HCA has improved to 5-2 on the year and hosts Lake Worth Christian today.



## RESULTS

Tues.	Sept. 27	EL Soccer	vs	SHCS	Won	6-0
Tues.	Sept. 27	EL Volleyball	vs	Sagemont	Won	2-0
Tues.	Sept. 27	JH Volleyball	vs	Berean	Won	2-0
Tues.	Sept. 27	JV Volleyball	vs	Berean	Won	2-0
Tues.	Sept. 27	V Volleyball	vs	Berean	Won	3-0
Tues.	Sept. 27	Golf	vs	BRCS	Won	191-240
Wed.	Sept. 28	EL Soccer	vs	Sagemont	Won	6-3



## PLAYER OF THE WEEK: 9/29/16

<b>EL Soccer:</b>	<b>Jayden Bonhomme</b>
<b>EL Volleyball:</b>	<b>Lily Shein</b>
<b>JH Volleyball:</b>	<b>Gaby Rezende</b>
<b>JV Volleyball:</b>	<b>Christina Julien</b>
<b>V Volleyball:</b>	<b>Carli Caputo</b>
<b>Cross Country:</b>	<b>Cassidy Brown</b>
<b>Golf:</b>	<b>Nathan Irwin</b>
<b>V Cheerleading:</b>	<b>Ashley Redway</b>

## JH Volleyball Picks Up Home Win

The JH Lady Knights volleyball team hosted the Bulldogs of Berean Christian this past Tuesday. Congratulations to Coach Shannon Ratzlaff and all the girls on their victory. This was a key Conference win for HCA. This past weekend, the Knights were able to host a JH Invitational Tournament with Advent Lutheran, Boca Christian, and Weston Christian all participating. Congratulations to Advent Lutheran for going 3-0 on the day.

