



Knights Athletic Update

“HCA is a Ministry of Grace Baptist Church”

THURSDAY 4/9/15

UPCOMING GAMES:

- **Thur. 4/9**
Softball
Benjamin
7:00 pm
- **Fri. 4/10**
V Track
Districts @
WA
1:00 pm
- **Fri. 4/10**
V Baseball
@ Cooper
7:00 pm

HCA Hosts District Track Meet @ WA

Chris Julien will compete in the 100 and 200 at the District Meet tomorrow at Westminster Academy. Earlier this season, he set the HCA record in the 100 with a time of 11.08. The Knights will be the host school while FAU, Atlantic Christian, CSCA, Trinity, Village, and Lake Worth Christian will be participating. HCA won the District Championship in 2013. The meet is scheduled to start at 1:00 p.m.



RESULTS

<p><i>B V Baseball:</i></p> <p>vs. <i>Ft. Lauderdale</i> Won 7-4</p>	<p><i>Softball</i></p> <p>vs. <i>Zion</i> Lost 3-18</p>	<p><i>JH Track</i></p> <p><i>Congratulations to Donald, Jalon, Thomas, Baker, Kyle, Josh, Daphne, and Sydney for qualifying to the State Tournament!</i></p>
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PLAYER OF THE WEEK:

4/9/15

V Baseball:	Swindly Lindt
Softball:	Samantha Goldman
G JH Track:	Abby Simpson
B JH Track:	Nick Veynovich

Lady Knights Look to Defend Banner

The HCA Knights Girls Track team are the defending District Champs and hope to hang their 2nd banner after Friday night. 10th grader Sara Carroll should provide several points as she will participate in the high jump, triple jump, and hurdles. Last year, Sara represented HCA at the State Tournament in the hurdles. Currently, Sara has the HCA record in the hurdles and high jump.

