

**Please check which camps your child will be attending.  
A separate registration form should be filled out for each child.**

Please make checks payable to Highlands Christian Academy.

— Basketball Camp	June 20 – 24	9 AM – 3 PM	Boys/Girls	Grades 3-9	\$200
— Basketball Camp	July 27 – 30	9 AM – 3 PM	Boys/Girls	Grades 3-9	\$200
— Softball Camp	June 27 – July 1	9 AM – NOON	Girls	Grades 3-8	\$100
— Soccer Camp	July 18 – 21	9 AM – 3 PM	Boys/Girls	Grades 3-8	\$200
— Volleyball Camp	June 6 – 10	9 AM – 3 PM	Girls	Grades 3-6	\$200
— Volleyball Camp	June 13 – 16	9 AM – 3 PM	Girls	Grades 7-12	\$200
— Track & Field Camp	July 25 – 28	9 AM – 3 PM	Boys /Girls	Grades 1-9	\$200

Parent / Guardian Signature \_\_\_\_\_

You may also register and make payment at [www.HighlandsChristian.org/athleticcamps](http://www.HighlandsChristian.org/athleticcamps).

## HIGHLANDS CHRISTIAN ACADEMY ATHLETIC PROGRAM

Highlands Christian Academy is committed to training the whole child, and that's why we're excited to offer 30 athletic teams from elementary through varsity. We believe athletics give students an opportunity for pursuing their God-given interests, and the competitive nature of sports provides an ideal venue for developing Christian character and lifelong skills.

Highlands varsity teams have celebrated:

- 70 District Championships
- 15 Regional Championships
- 7 State Finalists
- 2 State Championships
- 3 Individual State Championships

### Send Registrations To:

Athletic Director Paul Pridemore  
Highlands Christian Academy  
501 NE 48th Street  
Pompano Beach, Florida 33064

### Questions or Concerns?

Please contact Athletic Director Paul Pridemore at 954-421-1747 x1301 or [Paul.Pridemore@highlandschristian.org](mailto:Paul.Pridemore@highlandschristian.org).

### Camp Lunch Plans

Students may bring their lunch or purchase lunch at Chick-fil-A or CiCi's Pizza (transportation provided to one of these places each day).

*Highlands Christian Academy does not discriminate on the basis of race, color, or ethnicity.*

## KNIGHTS SCHOOL YEAR ATHLETIC PROGRAMS INCLUDE:

Flag Football  
Volleyball  
Cross Country  
Golf  
Cheerleading  
Basketball  
Soccer  
Softball  
Baseball  
Track and Field  
Intramurals

## DIRECTIONS TO HIGHLANDS

Take I-95 to Sample Road.

Go east on Sample to the first traffic light which is NE 3rd Ave.

Go north on NE 3rd to the next traffic light which is NE 48th St.

Go east on NE 48th for one tenth of a mile. HCA will be on the north (left) side of the street. Proceed to the rear (north) of the property.

## HIGHLANDS CHRISTIAN ACADEMY

A Ministry of Grace Church  
[www.HighlandsChristian.org](http://www.HighlandsChristian.org)

# 2022 SUMMER ATHLETIC CAMPS

HIGHLANDS  
CHRISTIAN  
ACADEMY

## BASKETBALL CAMP

June 20 – 24 & July 27 – 30 • 9 AM – 3 PM  
Boys & Girls Entering Grades 3 – 9 • \$200

The Highlands basketball program has a tradition of success, winning 17 District Championships and reaching the State Final Four twice. Our camp coaching staff will instruct in fundamentals, team and individual defense, ball handling, and shooting. Camp highlights include: special guest speakers, campers of the day awards, and individual competitions.

## SOCCER CAMP

July 18 – 21 • 9 AM – 3 PM  
Boys & Girls Entering Grades 3 – 8 • \$200

The Highlands soccer program has celebrated 21 District Championships and 2 State Championships. Our camp coaching staff consists of Highlands coaches, alumni, and varsity players who will instruct students in passing, trapping the ball, dribbling, shooting, and teamwork. Camp highlights include scrimmages, skills tests, and Gatorade contests.

## TRACK & FIELD CAMP

July 25 – 28 / 9 AM – 3 PM  
Boys & Girls Entering Grades 1 – 9 / \$200

The HCA track and field program has grown immensely in recent years. Our boys have won the District 3 times and our girls have won 3 times. At our fast-paced Track and Field Camp, students will be introduced to several of the running and field events including 100, 200, 400, hurdles, high jump, long jump, shot put, and discus. Throughout the week, students will also have the opportunity to compete against each other.

## SOFTBALL CAMP

June 27 – July 1 • 9 AM – Noon  
Girls Entering Grades 3 – 8 • \$100

Softball Camp helps train and refine girls in their softball skills while teaching them the ins and outs of the game! Students will work on individual skills and team skills and receive instruction in batting, throwing, infield / outfield, base running, and catching. Camp highlights include trophies, batting contests, base speed contests, and full field scrimmages.

## VOLLEYBALL CAMP

June 6 – 10 • 9 AM – 3 PM  
Girls Entering Grades 3 – 6 • \$200

June 13 – 16 • 9 AM – 3 PM  
Girls Entering Grades 7 – 12 • \$200

Volleyball Camp will be both physically and mentally challenging, so we urge girls to come to camp in the best shape possible! Students will work on both individual skills and team skills, and will receive instruction on the fundamentals, serving, spiking, and setting. Highlights also include all-star selections, serving contests, volleyball films, three-on-three competitions, and six-on-six competitions.

**CAMP REGISTRATIONS DUE BY JUNE 1<sup>ST</sup> TO AVOID LATE FEES.**

### OPEN CAMPS

Summer Athletic Camps at Highlands are open to students from any school or home school. The cost for each student attending a camp is listed in the camp description.

### THE GOAL OF OUR SUMMER ATHLETIC CAMPS

is to train your child to be a better individual as well as a better player! At Highlands we strive to build strong athletic programs which enable students to compete at the highest levels possible. Our excellent coaching staff encourages an attitude of teamwork, sportsmanship, and glorifying God on and off the playing field. We encourage you to register your student for a Highlands Athletic Camp today!

*Whatever you do, do it all for the glory of God.  
1 Corinthians 10:31*



### CAMP REGISTRATION FORM

Registration due by June 1<sup>st</sup> to avoid late fees. Online registration & payment available at [www.HighlandsChristian.org/athleticcamps](http://www.HighlandsChristian.org/athleticcamps).

Student's name \_\_\_\_\_  
Home phone \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_  
Grade entering in fall \_\_\_\_\_  
School \_\_\_\_\_  
Parent's email \_\_\_\_\_  
Mother's name \_\_\_\_\_  
Cell phone \_\_\_\_\_  
Work phone \_\_\_\_\_  
Father's name \_\_\_\_\_  
Cell phone \_\_\_\_\_  
Work phone \_\_\_\_\_  
T-shirt size (circle): YS YM YL AS AM AL AXL  
Please see other side to complete registration form.